

Sidelines Express

The newsletter of Collaroy Cromer Strikers Football Club

Manly Warringah Football Association 'Newsletter of the Year' 2005

www.ccstrikers.com

Volume 2009/15 8th August 2009



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Mimmo's Photo Of The Week



**Winner of the Mimmo's
Photo Of The Week Competition
is this shot of Aiden from the U15-3s
demonstrating his goalkeeping skills.**

**Photo taken
by Mary Houten.**

Annual Ladies Day - Come on Down

This event is about the Strikers' Premier League players thanking their supporters (especially the ladies) for all of their cheering and encouragement over the course of the season. It's really an open day, where everyone in the Strikers club is invited to join in the fun and create a good atmosphere.

- *When:* Saturday 8th August 2009
- *Time:* 1:00pm – 5:00pm
- *Where:* St Matthew's Farm
- *What will be happening:* There will be free champagne for the ladies, beer for the men, soft drink for the kids and a BBQ all day. There will also be raffles and activities on the day.

Stamping Out "Studs-Up Tackles"

The use of 'studs up tackles' is one of the most serious challenges facing our game and one that has the capacity to cause serious injury to players if not managed appropriately by match officials.

The increasing pace of modern football has brought with it a trend towards tackles that seek to ensure that the progress of the player in possession is prevented past the point of the tackle. Invariably this means many tackles have become more vigorous and that the intent of the laws of the game to encourage tackles being made shoulder to shoulder is becoming less relevant.

Tackles of this type can at best be classified as 'reckless' and must be treated as such by match

officials. Players who choose to lunge into tackles with legs outstretched exposing the soles of their boots will be cautioned and shown the yellow card as an absolute minimum sanction by referees.

Referees have a duty to protect players to the best of their ability and while it is not possible to penalise these tackles before they occur it is mandatory that they be dealt with whenever they occur. Eliminating 'studs up tackles' is the responsibility of everyone involved in the game to ensure the safety of players and referees are required to act accordingly in this matter.

Source: Soccer NSW Referees Circular 022/07



Do You Know The Game?

4-2-4 System Formation

History:

Created by the great Hungarian team of the 1950s. Purpose was to strengthen the typical (at the time) 3-player defensive unit, which was especially vulnerable to cross-field passes. The two midfielders act as a link between the defensive and offensive thirds of the field. To help out the midfielders, the two wingers drop back, increasing the reliance on the two strikers for scoring.

Overview:

- Four Defenders: One on each flank, with two in middle.
- Two midfielders: Left and right.
- Four forwards: Left & right wingers, and left & right strikers.

Advantages:

- Outside backers have freedom to move up and attack.
- Width and support in offensive third.
- Depth and balance in defensive third.
- Adjustments can result in six defenders and/or six attackers.

Disadvantages:

- Opposition may control midfield, and as a result control flow of game.
- Burden on midfielders is immense.
- Difficult to transition ball from defensive third to offensive third.
- Midfielders must know their responsibilities because counter attacks will result in superior numbers for the opposition, midfielders must quickly diffuse them when possession is lost in the midfield or offensive third.

Six-A-Side Call for Registration

Registrations are now open and will close on 26th August or when the draw is full. Details:

- Wednesday afternoon/evening games between 17th September to 19th November (including school holidays).
- At Cromer Park from 4.30pm (under 6s) to 9.00pm (last games start at 8.30pm).
- Grades: Boys U6 to U16; Girls U12/14 and U16; Senior ladies (due to a shortage of grounds there will be no Senior Men's divisions).
- 13 minutes per half.
- Maximum 10 player per team with unlimited interchange.
- Teams are restricted to a max of two (2) players who have recently played representative football or who have been selected in any Manly United "skills" squad.
- Registration costs \$430 per squad (GST inclusive) plus insurance.

For more details visit our website: www.ccstrikers.com

Email: sixaside@ccstrikers.com or contact Richard on 0408 665578.



Contact Matt Morley
 PH: 9981 9416 Mob: 0418 168 932



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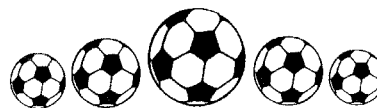
Please call Peter Timosevski to arrange a convenient time to review your insurance program.

9934 9777

54 Balgowlah Road, Balgowlah

pt@bib.com.au

Mobile 0421 440 552



Presents For Coaches and Manager

Hoodies (both in blue and white) are for sale at the St Matts canteen. Sizes available for fitting and prices are:

ADULT SIZES Ladies 8 – Mens XXXL for \$50

CHILDRENS SIZES 4 - 12 for \$40

Gear bags are also on sale for \$35.

Either make great presents for coaches and/or managers at end-of-season team gatherings

Place your order at the canteen or email John, the gear steward, at: johndedman21@hotmail.com

New Date for Strikers Cup

The postponed Strikers Cup has been rescheduled for 12th September at Cromer Park.

If you can contribute or are available to help out on the day contact Phil Auton on 0405 382949 or via email: strikerscup@ccstrikers.com

Team Photos

The 9th August is the last opportunity to have team photos taken through the Club's 'official' photographer. To arrange an allocated time please call Ivana on 9971 0670 or 0412 324991.

Teams that are sponsored must have a team photo taken.

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	MGS Physiotherapy	Dave Shephard 9976 2666
	CMS Surveyors Pty Ltd	Stuart McEvoy 9971 4802
	See-Change Constructions Pty Ltd	Richard Arena 9971 4471
Ladies Over 35's Division 1 and 2	Collaroy Kitchen Centre	Helle Olsen 9972 9300

Mimmo's Photo Of The Week - How To Enter

1. Photos must be of a weekend Collaroy Cromer Strikers game from U6s to Seniors.
2. Only club members (excluding committee members) are eligible to enter.
3. Entries should ideally be submitted with a minimum resolution of 800 x 600 pixels.
4. Please include the name of the photographer, match details and if possible a caption with the name of the player.
5. Please complete the Authority to Photograph Form (either for the individual/s or team depicted) available for download from the Strikers website.
6. Submit entries via email before 5.00pm Monday to: news@ccstrikers.com

The winner's photo for each round will be featured in the subsequent week's newsletter as well as going in the monthly draw to win a \$25 meal voucher at Mimmo's Pizza.

At the end of the season the "Photo of the Year" winner will be judged by either a club committee member or guest adjudicator with the overall winner announced in the newsletter.



Canteen Roster for 8th Aug
9.00-10.00am
 Volunteers Required

Nets Roster - Erection for 8th Aug

St Matts 4	St Matts 5	St Matts 6
U7 Wolves	U7 Pythons	U7 Tigers

Nets Roster - Take Down for 8th Aug

St Matts 4	St Matts 5	St Matts 6
U8 Vidmars	U8 Jewells	U8 Skocos